



# Online Tools

## Prescription Drug Information...Whenever You Want It

Your prescription drug coverage through Blue Cross and Blue Shield of New Mexico offers many options, resources and advantages:

- **Cost savings:** Using generic drugs, when right for you, can help you save money. When you visit our Web site at [www.bcbsnm.com](http://www.bcbsnm.com), you can find out if a brand drug has a generic equivalent available and see a list of generic alternatives.
- **Convenience:** A broad pharmacy network allows you to choose a retail pharmacy close to you.
- **Time savings:** The mail order program lets you have maintenance medications delivered directly to you.
- **Safety programs:** We have a variety of programs in place that help identify potential safety concerns, as well as manage overall prescription drug costs.

Online pharmacy tools will help you learn more about prescription drugs and manage your pharmacy benefit – at your convenience.

When you visit [www.bcbsnm.com](http://www.bcbsnm.com) you can:

- See the Drug List – including the complete Drug List and a handy summary of the year's Drug List changes. Also see a list of drugs that have dispensing limits, such as a limit on the amount of medication that is covered within a certain time period. *Using medications that are on the Drug List usually costs you less out-of-pocket.*
- Calculate your estimated cost for up to a 34- or 90-day supply of a covered medication.
- See a list of generic alternatives for a medication and learn more about generic drugs, *which can save you money.*
- Find a retail pharmacy near you.
- Print the order form to start using the convenient mail order program.
- Place mail order refill requests online and see the status of prescription orders you've placed.
- Check for potential interactions with other drugs you take.

To get started, just follow these steps:

- 1 Go to [www.bcbsnm.com](http://www.bcbsnm.com).
- 2 Log in to **Blue Access® for Members**.
- 3 Click on **Learn more about your pharmacy benefits** in the Quick Links box on the right to go to your Rx Drugs home page.
- 4 Click on **Prime Therapeutics** in the Rx Drug Plan Information box on the left. This will take you to [MyRxHealth.com](http://MyRxHealth.com), the member site of our pharmacy benefits manager. From there, you can...





# MyRxHealth.com

At MyRxHealth.com, you will find a variety of tools that encourage you to become more informed about your medication, let you estimate your prescription drug costs and can help you in talking to your doctor about your prescription medication options.

## 1 Find Drugs & Pricing

Learn more about a medication, including generic alternatives, and how much you will pay out-of-pocket.

- See if a drug is on the Drug List – using covered medications that are on the Drug List, when right for you, may save you money.
- Calculate your estimated cost for up to a 34- or 90-day supply of covered medication.
- Learn more about a drug’s uses, side effects, precautions and potential interactions with food or other drugs you take.

## 2 Claim History

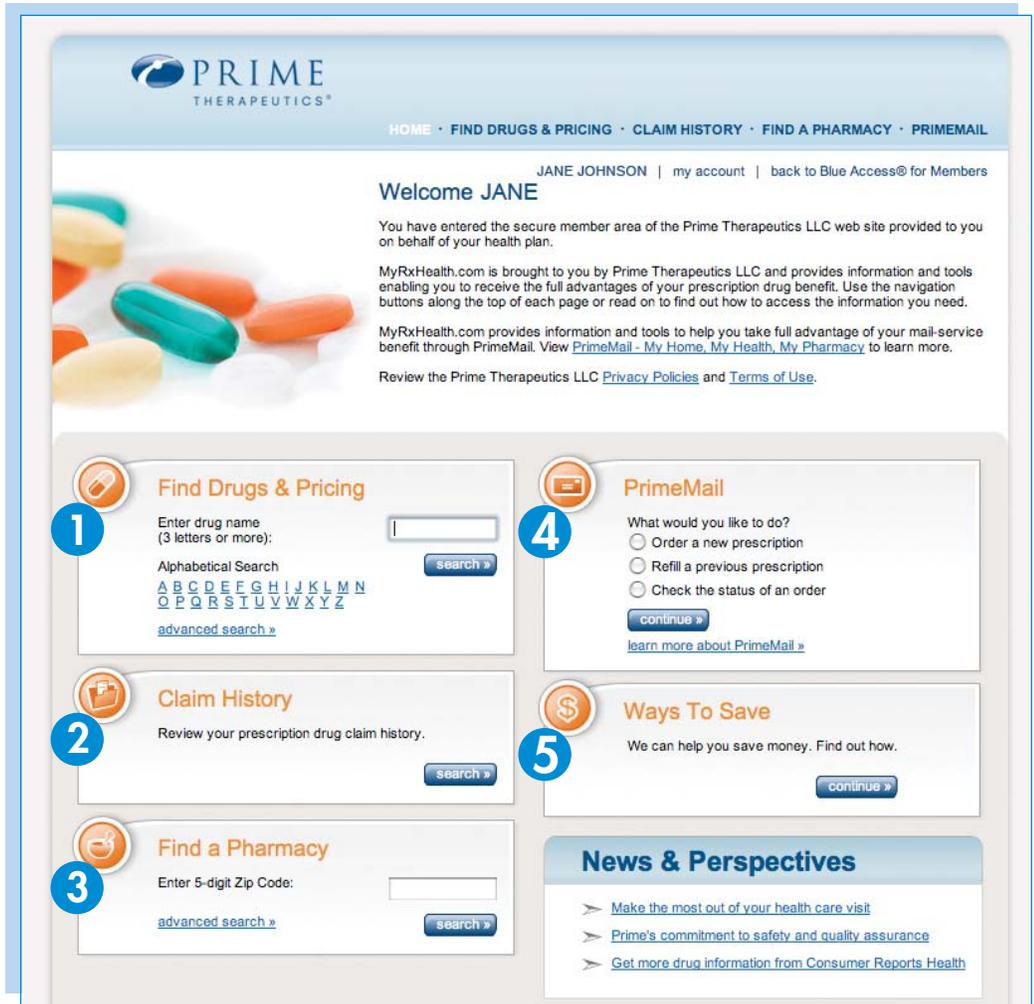
Reference your prescriptions and see your out-of-pocket costs.

- View your prescription drug claims – as far back as the previous calendar year.
- See the medication name, strength, quantity, prescription number, pharmacy location where the prescription was filled and your cost for all claims.

## 3 Find a Pharmacy

Use the pharmacy locator tool to find contracting pharmacies nearby.

- Input your ZIP code and get a list of contracting pharmacies convenient to you, including addresses and phone numbers, as well as see a map of the pharmacy location.
- Click on Advanced Search to search by pharmacy name, city and state or for 24-hour pharmacies only.



## 4 PrimeMail®

Use this convenient mail order program to have your covered prescriptions delivered directly to you.

- Print an order form or place a refill request for an existing mail service prescription.
- Check the status of a mail service order or refill.
- Update your contact and payment information.

## 5 Ways to Save

Find out how you may save money on prescription drugs.

- Compare your out-of-pocket cost for a medication at a retail pharmacy and through PrimeMail.
- See generic alternatives for brand medications, which may cost you less.
- Print the results to share with your doctor.

Go to [www.bcbsnm.com](http://www.bcbsnm.com) > Log in to **Blue Access for Members** >

Click on **Learn more about your pharmacy benefits** > Click on **Prime Therapeutics**