If you **DO HAVE** a parent/guardian employed at the Laboratory that has listed you as a **CONTACT** or if you have ever been at the Laboratory in any other capacity, use the following application instructions:

2. Click the “Apply now” button in the upper right hand corner (jobs.lanl.gov).

3. You are already in our system as a **CONTACT** so **DO NOT** complete the New Registration section; instead click on the **Ex-Employee, LANL Dependent, Former Contractor section**.

4. Enter only your first and last name and current email address. An email with your validation code will be sent to this email address to activate the account currently in our system.

5. Once your account is activated, search and select the position for which you plan to apply.

   *Students will select either **Graduate** or **Undergraduate** jobs.*

6. Go to the right side of the page and click on the **Apply Now** icon.

7. Finally, complete your application and make sure to attach your most current resume and cover letter.

**Important**

*If you experience any technical issues, email **applyhelp@lanl.gov** for assistance.*