SAFETY CINEMA™ presentation

Los Alamos NATIONAL LABORATORY EST. 1943

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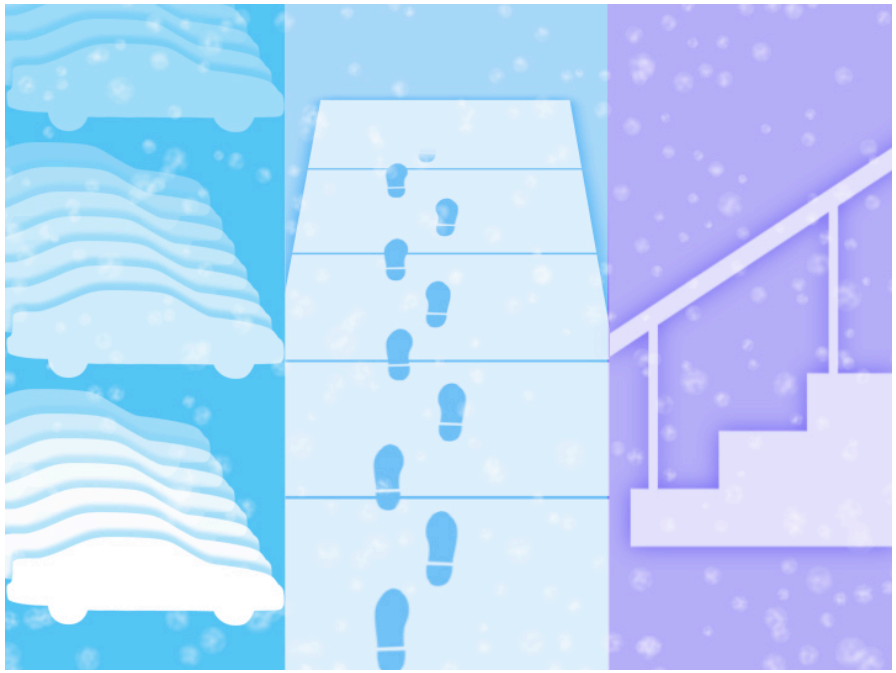
NNSA

Slips, Trips, and Falls—the Winter 3

With winter comes the slippery stuff…

- Cold, ice, and snow
- In parking lots, sidewalks, and steps



Slips, Trips, and Falls—the Winter 3

- **Slips in the winter are primarily caused by…**
  - A slippery surface
  - Wearing the wrong footwear
  - Distraction

- **What to do?**
  - Change the surface.
  - Change your shoes.
  - Change your walk.

CHANGE THE SURFACE!

***Surfaces are often more slippery than you think!*,**

- **Spread sand and/or salt** on icy surfaces
  - Walkways
  - Work areas
  - Steps

CHANGE THE SURFACE!

- **Consider delaying the activity.**
  - Wait until conditions improve, if the weather is particularly bad.

- **Keep steps and equipment clean and dry.**
  - Take time to clean off mud, ice, snow, and other debris.

CHANGE YOUR SHOES!

Wear shoes or boots with…

- Flat, low heels
- Slip-resistant soles to reduce slipping hazards
- Good tread that helps to grip the surface

CHANGE YOUR WALK!

- Walk slowly and carefully.
- Avoid rapid changes in direction.
- Go where you're looking…look where you're going.
- Never carry materials which obstruct your view, or throw you off balance.
  - That means smaller loads and more trips.
- Remove your sunglasses in low-light areas.
- Use handrails—ALWAYS!

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Slips, Trips, and Falls—Resources

Resources:

- OSHA: *Walking-Working Surfaces (Slips, Trips, and Falls)* http://www.osha.gov/SLTC/smallbusiness/sec15.html
- National Safety Council: *Slips, Trips, and Falls* http://www.nsc.org/mem/educ/slips.htm

Special thanks to:

- Associate Directorate for Business Services: *Slips, Trips, and Falls* (5/22/06)
- KSL: Bulletins
- JCNNM: *Slips, Trips, and Falls* (10/23/99)